

CYCLICAL

Magazine

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GALACTIC SOUND STATION MUSIC FOR THE MENTAL HEALTH OF ASTRONAUTS (VOLUME 1)

Recently released in August 2025, this album, inspired by a real space science project, traces the

highs and lows of life beyond Earth. From the anticipation before launch and the solitude during the mission to the reintegration afterward, each track is meticulously crafted to reflect the resilience, vulnerability, and triumph of the human spirit. It brings together five of today's most visionary space music artists: Colby Cosmos (**Dreamstate Logic**), J Ronald Smith (**Terminus Void**), Hollan Holmes, Paul Headon

(**Dreamscapist**) and Patrick Stacey (**Dunes of IO**), united by a shared passion for cosmic exploration and sonic innovation.

"Hope Station" opens the journey like an emotional portal straight to the heart of the voyage. The melody unfolds at a slow pace, evoking a sense of calm, though not quite serenity, followed by **"Time Stands Still"**, which builds a totally weightless atmosphere, floating in a space without coordinates, no noise, no time. A minimalist

yet expansive auditory experience that blurs the boundaries between listener and environment. The composition stands out for its ethereal layers of synthesizers that expand slowly like nebulae, and for its smooth, uninterrupted structure that avoids climax in favor of permanence.

Driven by the endless longing to find a place among the stars, **"Terrestrial Dreams"** carries a much sweeter aura, drifting between spatial guitars, piano lines, and Vangelis-style brass. Meanwhile, **"Ataraxis Horizon Sector"**, a suite with two movements, is carved

time, free from bodily weight, fully immersed in silence, gazing at Earth from afar, suspended in the vastness, with only the Sun and infinity as witnesses. Hypnotic sequences dance through finely crafted pad modulations and textures.

A sonic journey on an inhospitable planet. Percussive noises drift like a sigh, marking the first contact with its unknown surface. **"Tarsus V"** is a clear homage to the Star Trek universe, referencing one of the human colonies mentioned in the original series.

"The Eternal Light" is built on electronic foundations with a strong presence of robotic sounds and an incredible play of sequences that, like cosmic fireflies, splash across the vast canvas of a futuristic aesthetic.

The album closes with **"Into the Fray"**, where tones carry a hypnotic and rapidly persistent charge, infused with mystery and sequential synesthesia. Time is running out everything could spiral out of control and lead to a hostile, uncertain

destination.

For those captivated by immersive landscapes and the emotional depth of soundscapes, **Music for the Mental Health of Astronauts (Volume 1)** is a highly recommended and deeply rewarding listen.

Album:

<https://galacticsoundstation.bandcamp.com/album/music-for-the-mental-health-of-astronauts-volume-1>

by Leandro Torres



from an ethereal atmosphere and electronic echoes that seem to originate from distant galaxies.

Beyond conveying tranquility, the richly textured and luminous synthesizers of **"Memories of Home"** portray a cinematic ode filled with hope and cheerfulness, far from home, isolated from Earth and humanity.

"Zero Gravity" is a piece that captures the curiosity and wonder of floating in space for the first

About Galactic Sound Station :

United by a shared passion for cosmic exploration and sonic innovation, this collective unites five of today's foremost space-music visionaries. Seattle's Dreamstate Logic (Colby Cosmos) channels two decades of electronic mastery into sprawling ambient odysseys, while fellow Seattle-ite Terminus Void (J Ronald Smith) weaves NASA recordings—Ganymede flybys to Martian winds—into dark, immersive soundtracks. Texas-born Hollan Holmes bridges Berlin-school sequencers and emotive melodies across hardware and software in albums like Milestones, and Australia's Dreamscapist crafts gentle, cinematic suites for study, sleep, and deep reflection. Rounding out the ensemble, Dunes of IO (Patrick Stacey) programs generative compositions from real-time Near-Earth Object data, marrying Brian Eno minimalism with Tangerine Dream sequencer journeys. Together, they forge a rich tapestry of ambient textures, analog warmth, and data-driven melodies—inviting listeners to drift through the infinite expanse of inner and outer space.

Website:

galacticsoundstation.com

Bandcamp:

galacticsoundstation.bandcamp.com

Youtube:

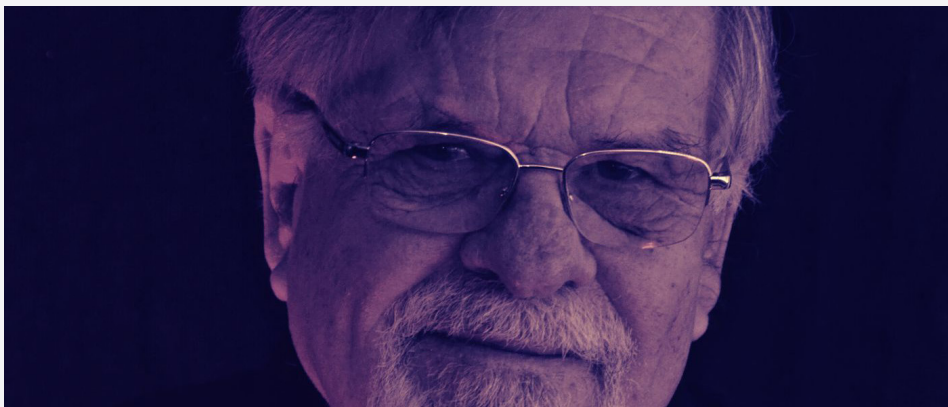
[@GalacticSoundStation](#) (a short video on the origins of the album available here)

Instagram:

[@galacticsoundstation](#)

Album:

<https://galacticsoundstation.bandcamp.com/album/music-for-the-mental-health-of-astronauts-volume-1>



INTERVIEW: GALACTIC SOUND STATION

The Galactic Sound Station is an interstellar collective including Terminus Void, Hollan Holmes, Dreamstate Logic, Dreamscapist, and Dunes of Io.

-Tell us about this interesting project. What was the idea to create it? What is its purpose? How did different musicians join the project?

Dunes of Io / Dr Patrick Stacey: I am a space scientist and I have been making and performing music all my life. I thought it would be an interesting experiment to take theories and observations from my space research and use them as concepts for a space music album. I became interested in space music after a short career in progressive dance music- you know, as you get older you want to do something a little deeper. So, as the space science experiments unfolded in my work, I began to see how to join the dots in

terms of making art, making music. I shared these space science concepts with Colby of Dream State logic and things snowballed from there with John / Terminus Void joining, soon followed by Hollan Holmes and Paul Headon. Things really took off then, and there was a beautiful sharing of music and sounds between us, allowing poetic license, while being inspired by space science per se. We then set some milestones in place and decided to form a collective, not merely a one off album hence Galactic Sound Station. We set up a Discord server and even TC of Ambient.Zone weighed in there with his support. It really was a very organic process and we worked very easily together. You can probably tell from the album that there are obvious as well as very subtle overlaps between the tracks, and then the culmination of the album is purposefully one which bears the hallmarks of excitement - the excitement of not just working together but of the being a human in the midst of endless space. So, we have made Volume one and we are already discussing volume two.

J. Ronald smith / Terminus Void: From my perspective, i was asked to join the project after Colby Cosmos or Dreamscape Logic got involved.

Colby introduced me to Dr Patrick Stacey and thought my music would be a good fit and complete the artists whom were already onboard.

- When you decided to compose music for the mental health of astronauts, what did you consider essential? What should the music be like? Why do you think the use of the synthesizer is important for this?

Dunes of Io / Dr Patrick Stacey: The synthesiser is an ethereal instrument and naturally lends itself to space music and ambient music. When you consider the elements and map them to musical instruments which various musicologists have done, the synthesiser also represents a progression from clay drums all the way through to conceptual, abstract, space-time music-making. Indeed, as you well know, the plethora of musicians have realised this since the early 70s. For me it was important use analogue synths to lock-in the warmth of the sound, which mirrors the warmth of the spacesuit against an oppressive environment. In terms of style, I certainly knew that this would be more on the ambient side of space music but as you can tell there is a good degree of Berlin school too which communicates



the excitement and expectation of space travel.

For my track, Hope Station, I used a Minilogue with a simple sequence programmed into the onboard sequencer. It communicates the range of emotions that astronauts experience according to a four-stage model of morale published in a NASA Behavioral Health and Performance report. So there is anxiety as well as wonder expressed through this music, which then sets the stage sonically for a set of formidable artists including Dream State Logic, Terminus Void, Dreamscapist and Hollan Holmes.

J. Ronald smith / Terminus Void:

Terrestrial dreams- addressing the emotional stress of astronauts when feeling homesick it was important for me to include natural sounds of earth. In this case, i recorded

the lapping of waves along the shoreline of lake cushman in the olympic mountains of Washington State (USA) in which you hear in the intro and outro of the track. Along with a somewhat melancholy track composed with guitars and pianos, which is a major deviation from terminus void's signature sound, I attempted to capture the emotions that can sometimes overwhelm us when we contemplate about the things we miss or take for granted in our lives. In the case of this track, utilizing the sounds of terrestrial nature is a stark contrast to the voids of space and hopefully that resonates and hits home with the listener.

Zero gravity - i really enjoyed composing this evolving song which begins a bit ominous. My vision for this track was highlighting the

emotional anxiety of the astronauts as they lift off from earth, experiencing the rush of adrenaline as the g-forces quickly increase. Then, gravity giving away and finally, zero g's as the astronauts recover from their journey into space and begin regaining their emotional composure to focus on the mission.

-What are your future plans?

Dunes of Io / Dr Patrick Stacey: We are writing Volume two. And the collective, known as the Galactic Sound Station, is expanding its roster. It is very exciting.

Bandcamp:

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Website:

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